



Rockland County Police and Public Safety Academy

50 Sanitorium Road

Building G

Pomona, New York 10970

845-364-8700

www.rocklandcountypoliceacademy.com

Course Name: Bicycle Patrol Course

Length: 40 hours / 5 days

Tuition: \$750.00 (Tuition included in assessment fee for Rockland County Agencies)

Prerequisites: Sworn Law Enforcement or Authorized Security Personnel

Required: Medical Form must be sent with registration form.

- Mountain Bike – a mid to high range quality/cost mountain bike (usually in the \$600 or more range). The bike should be fitted to the officer who will be riding it. A local bike shop would be of assistance in this. This type of properly fitted bike is required due to the rigorous riding and aggressive tactics the students will be taking part in. All bicycles must comply with NYS VTL sec. 1236 including a head and tail lamp system as this course includes night riding, even if the officer will not be riding at night upon completion.
- *Toe clips and straps
- *Headlamp, tail lamp and reflectors
- *Tire patch kit, replacement tube and tire levers
- *Chain tool and multi tool
- *Rear mounted kickstand
- *Water Bottle
- *Ansi, Snell or ASTM approved bicycle helmet
- *Full duty rig
- *Duty weapon with 100 rounds of ammo (range ammo is okay)
- *Eye wear for riding and shooting (may be same glasses)
- *(1) Uniform (for night ride and range)
- *Cycling gloves
 - The following items are highly recommended:
 - Handlebar ends
 - Rear rack and rack bag (Panniers are not advised for police work)
 - Street type or combination type tires (try to avoid Knobbies or Slicks)
 - Padded Shorts for cycling

Attire: Department Uniform

Description: This five-day course is designed to be entry-level training for law enforcement personnel utilizing specialized mountain bicycles for patrol activities. The training will involve several phases including classroom, practical exercise, and riding. The instructors for this intensive course are New York State Certified bicycle patrol trainers. The course will be conducted from 0800 – 1600 hours except one night, which will be 1400 to 2200 hours for the night ride.

Registration: [Available Training - Acadis® Portal \(rcpin.net\)](#)