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**Rockland County Police and Public Safety Academy**

**Basic School for Police Officers**

**Sworn Candidates**

**Registration Packet 02-2025**

**INFORMATION FOR SPONSORING AGENCIES**

The Rockland County Police & Public Safety Academy (RCP&PSA) will host a DCJS Basic School for Police Officers (BCPO) starting on **August 25, 2025**, with an anticipated graduation date of **January 16, 2026**.

The RCP&PSA will likely be offering a Radar/Lidar Operator Course following the completion of the BCPO.

The attached registration form should be completed and faxed as soon as possible in order to have all necessary information in place prior to the start of the course.

**By Friday, August 15, 2025, the Academy office musthave:**

* **RCPA Registration form** (attached)
* **Weapon Specifics Form**
* **Chief Executive’s Attestation Form**
* **Certificates for Agency’s Field Training Officers**
* **Notarized Acknowledgement of Training Intensity Form**
* **Physician’s Certification** (with Physician’s stamp - signature alone is inadequate)
* **Copy of Form DCJS 2214-A** (all five blocks completed)
* **Copy of Driver’s License**
* **Copy of Recruit’s Resume or CV**

*Recruits without these forms on file will be denied entry to the Basic Course for Police Officers.*

**ADVISORY:**

Agencies **MUST** provide one vehicle for every four recruits to be used by the Recruit Class on the closed-track EVOC Course during the EVOC training on or about November 8 and 9, 2025.

**PHYSICAL FITNESS**

The Municipal Police Training Council has established physical standards for the Basic Course for Police Officers. The test is scored on a curve based on the age and gender of the recruit. These standards were designed to conform to the Americans with Disabilities Act. The Rockland County Police Academy requires a minimum of the 50th percentile for graduation.

|  |  |  |  |
| --- | --- | --- | --- |
| **Cooper Fitness Standard (50%)** | |  | |
| **Gender & Age** | Sit Ups | Push Ups | 1.5 Mile Run |
| **Male 20-29** | 40 | 33 | 11:58 |
| **Male 30-39** | 36 | 27 | 12:24 |
| **Male 40-49** | 31 | 21 | 13:12 |
| **Female 20-29** | 35 | 18 | 14:04 |
| **Female 30-39** | 27 | 14 | 14:34 |
| **Female 40-49** | 22 | 11 | 15:34 |

In addition to passing the Physical Fitness standards, NYS DCJS mandates that all recruits participate in a minimum number of hours of Physical Training during the Basic Course.

In the event that you fall well below the minimum physical fitness standards during the test given on the first day, Academy personnel will notify and place you in a remedial physical training program. You will be advised that you are in jeopardy of not completing the Basic Course for Police Officers.

**A fitness guide for you to use in preparation for the academy is available on the academy website (**[**www.rocklandcountypoliceacademy.com**](http://www.rocklandcountypoliceacademy.com)**/information-for-agencies). You should arrive on Day One familiar with the PT test standards and the basic exercises you will be performing.**

**IMPORTANT HEALTH NOTICE**

Potential recruits should be aware of a health risk associated with engaging in an intense physical training program. **RHABDOMYOLYSIS** is a breakdown of muscle tissue during intense exercise that can cause a release of protein into the blood stream that kidneys are unable to process, resulting in kidney failure.

Contributing factors include:

Sudden increase of exercise Dehydration

Stimulants (especially in liquid form) Nutritional Supplements

High ambient temperatures Alcohol

Illnesses with flu-like symptoms Certain prescription drugs

Recruit must be aware that general fitness is not protective or predictive for rhabdomyolysis.

Some recommendations to avoid this condition are conditioning to exercise and drinking plenty of fluids. Any recruit who feels dizzy or disoriented should stop and rest. Any incidence of dark urine requires consultation with a physician before exercise continues.

**EQUIPMENT**

**Recruits must arrive the first day in *proper business attire* (i.e., suit-and-tie) and have:**

* One large black duffle bag for uniforms and equipment
* (2) Gray long-sleeved uniform shirt
* Department patch centered on left sleeve ¾ inch from shoulder seam
* Academy patch (available at Academy Office) centered on right sleeve ¾ inch from shoulder seam
* (2) Gray uniform trousers

- Creases or pleats cannot be sown into pants, they must be capable of being pressed

* Black clip-on tie
* Black 1 ¾ garrison belt with a silver buckle
* Black socks
* Black boots (capable of being shined)
* Police duty jacket
* For non-uniformed agencies: dark all-weather waist length jacket
* Black cold weather gloves
* Black military-style knit watch cap
* Navy blue Poly/Cotton Shorts: Academy logo silkscreened on left leg
* Navy blue T-shirts: Academy logo silkscreened on left chest
* Recruit’s last name in 2-inch white letters on back
* Navy blue sweatpants: Academy logo silkscreened on left leg
* Navy blue sweatshirts: Academy logo silkscreened on left chest
* Recruit’s last name in 2-inch white letters on back
* Navy Blue hat with Academy patch
* Academy patch (patches are available at Hollywood Screen Printing) – centered on front.
* Running shoes: black, gray, or blue
* Blue BDU-style trousers (Not black or midnight blue)
* Yellow reflective military-style PT belt
* A refillable water bottle (Camelbak Chute Mag, 32 oz, Oxford Blue)
* A hardcopy or electronic copy of the agency Patrol Guide, Standard Orders, or Standard Operating Procedure.

**EQUIPMENT CONTINUED**

**By the start of the second week (*latest*), Recruits from all agencies need:**

* Realistic training “blue gun” - replica make & model of the department issued sidearm.
* Duty holster – **No paddle style holsters, and “Serpa” style holsters are discouraged.**
* Magazine pouches
* Cuff case
* Handcuffs
* Ballistic Vest
* Flashlight
* One pair of clear safety glasses
* 6-inch 3 ring blue binder
* Athletic mouth guard, black, blue, or clear (Shock Doctor Gel Max Power or similar)
* One set of amplified electronic hearing protection
* One Laerdal-brand pocket mask with one-way valve
* One LESK kit (or similar belt mounted Individual First Aid Kit) with

- Blue Training\* Tourniquet: (NA Rescue CAT, TacMed Solutions SOFT-Wide or SAM XT)

(\*This should not be used for anything other than training after graduation)

- Training QuickClot Combat Gauze (or similar hemostatic agent in gauze)

- Training Chest Seal

- Latex-free medical gloves

* Access to a Wi-Fi-enabled tablet or laptop and a user-facing camera.
* A set of kneepads are recommended but not mandatory.

**By the start of the second week (*latest*), all Recruits from *uniformed agencies* need:**

* Patrol duty belt
* 4 Keepers
* Radio holder
* Flashlight holder
* Baton\*
* Baton holder\*
* OC Spray holster\*
* TASER Holster\*
* 4 TASER cartridges\*

*\*Agencies that do not use these items need not supply them.*

* Duty pistol – **must be the same weapon that is issued upon graduation.**
* Three or more handgun magazines
* Pistol storage box – lockable hard plastic or metal

**EQUIPMENT CONTINUED**

**During Initial Firearms Training (by September 19, 2025) Recruits will need:**

* Proper foul weather gear
* Moist towelettes (for de-leading)
* Disposable rubber gloves, safety glasses, paper towels
* Baby wipes, cotton rag (old t-shirt)
* Weapon Cleaning Kit – Complete Commercial Cleaning Kit required for duty handgun
* Weapon Cleaning Kit – Complete Commercial Cleaning Kit required for duty AR15, M4, or Patrol Rifle
* Department shotgun with sling
* Department patrol rifle with sling
* Three or more patrol rifle magazines
* 3,600 rounds of factory handgun ammunition equivalent to service ammunition
* 400 rounds of ***actual*** agency service/duty ammunition
* 30 rounds 12-gauge 00 buck (or agency service/duty shotgun round)
* 20 rounds 12-gauge slug
* 200 rounds of ***actual*** agency patrol rifle service/duty ammunition

**At various points during the Basic Course for Police Officers, recruits will also need:**

* Marked / unmarked police cars
* Box of flares (uniformed agencies)
* Department-issued TASER (agencies with TASER’s only)

*\*Academy will notify agencies of the dates for these items once the schedule is approved.*

***Please note:*** The Rockland County Police & Public Academy has a safe weapon storage facility. After Initial Firearms Training, Recruit handguns will be stored at the Academy (with access limited to Academy Firearms Instructional Staff ***only***) so that recruits may practice safe weapons manipulation drills under supervision during the Basic Course for Police Officers. Weapons can be issued by Academy staff for specific agency purposes (e.g., supplemental firearms training or when required for traveling in a marked department vehicle).

Once a recruit’s weapon is lodged with the academy, it is the policy of the RCP&PSA that only the chief executive of an agency may order the weapon to be released prior to graduation. This order must be in writing, specify the reason for the release of the weapon and is non-delegable.

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**VENDOR LIST**

Rockland County Police & Public Safety Academy does not require agencies to use particular vendors and does not endorse any particular vendor for uniforms, equipment or supplies. This list is provided as a courtesy to agencies seeking assistance in locating local suppliers.

**UNIFORMS & EQUIPMENT VENDORS:**

**ALFI’S UNIFORMS** 152 Windsor Highway (Route 32) Suite 100

New Windsor, New York 12553

(845) 562-1404

**HOLLYWOOD SCREENPRINTING** 324 Route 202

Pomona, New York 10970

(845) 364-5431

**KVI UNIFORMS & EQUIPMENT INC** 50 Carpenter Avenue

Middletown, New York 10940

(845) 343-7868

**NEW ENGLAND SPORTSWEAR** 66 Fulton Street

White Plains, New York 10606

914-358-1505

**VENDORS FOR INDIVIDUAL FIRST AID KITS:**

**GALL’S** 6098 Jericho Turnpike

Commack, NY 11725 USA

(631) 325-800

http://www.galls.com

**ELEVEN10** 975 Bassett Road, Suite B  
Westlake, OH 44145

(888) 216-4049

www.1110gear.com

**HERKIMER INDUSTRIES** 304-306 Fourth Avenue

Herkimer, NY 13350

Office: (315) 574-7622

Fax: (315) 866-1684

[www.herkimerindustries.com](http://www.herkimerindustries.com)

**TACMED SOLUTIONS** 1250 Harris Bridge Road  
Anderson, SC 29621

(888) 822-6331

www.tacmedsolutions.com

**REGISTRATION FORM – BASIC COURSE FOR POLICE OFFICERS**

Class 02-2025 (August 25, 2025 – January 16, 2026)

**\*THE FOLLOWING 6 FORMS MUST BE RETURNED BY Friday, August 15, 2025.**

**RECRUIT INFORMATION:**

Date of Appointment: \_\_\_\_\_\_\_\_

Last Name: First Name: M.I:

Social Security Number: DOB: Age: Sex:

Home Address: \_\_\_\_\_\_\_

City: State: Zip:

Home Phone: Agency E-Mail: \_\_\_\_\_\_\_\_ \_\_\_\_\_\_

Mobile Phone: Personal E-Mail: \_\_\_\_\_\_\_\_

Personal Emergency Contact: Relationship: \_\_\_\_\_\_\_\_\_

Emergency Contact Phone(s): / \_\_\_\_\_\_ \_\_\_\_\_\_

Primary Care Physician: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_

Known Allergies: Date of Last Tetanus Shot: \_\_\_\_\_\_

List all Medical Condition(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_

List all Prescribed Medication(s):

**AGENCY INFORMATION:**

Name of Agency:

Mailing Address:

City: State: Zip:

Agency Main Phone: Fax: \_\_\_\_\_\_\_

Chief / Sheriff / Executive Officer:

Executive E-Mail:

Executive Office Phone: \_\_\_\_\_\_\_ Executive’s Mobile Phone:

Agency Training Officer / Recruit Point of Contact: \_\_\_\_\_\_\_

Training/POC E-Mail: \_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_

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Office of Administration

50 Sanitorium Road, Building G

Pomona, New York 10970

Main Office: 845-364-8700

Fax: 845-364-8926

**AGENCY WEAPON SPECIFIC FORM**

**RECRUIT’S LAST NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**AGENCY:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Handgun:**

Make Model \_\_\_\_\_\_\_ Caliber \_\_\_\_\_\_\_\_

Serial Number (when available) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**\*Any modifications (e.g., trigger spring, red dot sight) must be completed prior to delivery of gun to Academy.**

**Shotgun:**

Make Model \_\_\_\_\_\_\_ Caliber \_\_\_\_\_\_

**Patrol Rifle:**

Make Model \_\_\_\_\_\_\_ Caliber \_\_\_\_\_\_

**Baton:**

Make Model \_\_\_\_\_\_\_

**TASER:**

Model\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Chemical Restraint Spray:**

Make Type (e.g., OC) \_\_ Strength (%) \_\_\_\_\_\_\_

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**Chief Executive’s Attestations**

***\*Chief Executive’s must initial each attestation.***

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  |  |  |  |
| **Recruit’s Last Name (Print)** |  | **First Name** |  | **M.I.** |

1. NYS 9 NYCRR Part 6000 requires a background investigation to be conducted on every recruit by the employing agency to determine fitness of character prior to being appointed to the position of a law enforcement officer.

*\_\_\_\_\_\_\_\_ I attest that a background investigation was conducted in accordance with Part 6000.*

*(initial)*

1. NYS 9 NYCRR Part 6000.8 requires that every recruit pass a Cooper Standard physical fitness screening at the 40th percentile before a DCJS qualified trainer. (Agencies may satisfy this requirement through use of Civil Service testing results. Academy staff are also available to assist in facilitating this requirement.)

\_\_\_\_\_\_\_\_ I attest that a physical fitness screening was conducted in accordance with Part 6000.8.

*(initial)*

1. NYS DCJS does not certify a recruit as ready for Field Training until after all Academy exams have been successfully completed. The RCP&PSA will not support agencies that use recruits in public-facing capacities before graduation.

\_\_\_\_\_\_\_\_ I attest that the agency will not use uncertified recruits in public-facing capacities.

*(initial)*

|  |  |  |
| --- | --- | --- |
|  |  |  |
| **Chief/Sheriff/Executive’s Name (Print)** |  | **Agency** |
|  |  |  |
|  |  |  |
| **Signature\*** |  | **Date** |

**\**Note: Only the Chief, Sheriff or Executive of Agency may sign this Certification*.**

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**NYS DCJS FIELD TRAINING OFFICER CERTIFICATION**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  |  |  |  |
| **Recruit’s Last Name (Print)** |  | **First Name** |  | **M.I.** |

**The New York State Division of Criminal Justice Service requires the Academy to certify that Supervised Field Training for recruits will be conducted by New York State Certified Field Training Officers.**

**Please list your agency’s New York State Certified Field Training Officers and attach copies of their certifications or the ACADIS printout of their certifications.**

**Field Training Officer Name Date of Appointment Date of FTO Certification**

/ / / /

/ / / /

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/ / / /

/ / / /

/ / / /

By signing below the agency commits to supporting the recruit officer through the entire Academy including 160 hours of Field Training.  Field training must be completed by officers with a valid NYS DCJS FTO certification from the sponsoring agency unless that sponsoring agency has an executed MOU with another agency to provide this service on file with DCJS and RCP&PSA prior to the start of the Basic Course.

|  |  |
| --- | --- |
| **Agency Training Officer Name** | **Agency** |
|  |  |
| **Agency Training Officer Signature** | **Date** |
|  |  |

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**ACKNOWLEDGEMENT OF TRAINING INTENSITY**

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,

* Employed by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,
* A student in the Rockland Community College Pre-Employment Program,

am a Recruit in the Rockland County Police & Public Safety Academy. I am aware that law enforcement is an occupation that, at times, demands excellent performance under stressful circumstances. Police Officers are expected to endure verbal abuse, taunts, personal insults, hostile views, and abhorrent opinions delivered in antagonistic settings. Furthermore, Police Officers are called upon to preserve the rights of and provide protection for the very individuals making these statements.

I have been informed that to learn effective methods for dealing with these expectations, the training to become a Police Officer includes being subject to unpleasant experiences that mimic the kinds of situations listed above. I recognize that from time-to-time Academy staff members will train and test my ability to remain composed and make sound judgements while under these kinds of simulated conditions.

I voluntarily accept this as part of the training on which I am about to embark. I have been informed that at no time will I be forced to engage in any behavior or activity and that I may opt-out of any training and leave the Academy at any time by informing any staff member of my desire to do so.

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

On this \_\_\_\_\_\_ day of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in the year\_\_\_\_\_\_\_\_\_\_\_\_, in the County of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, in the State of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, before me, the above signed, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, personally known to me or proved to me on the basis of satisfactory evidence to be the individual whose name is subscribed to the within instrument acknowledged to me that he/she/they executed the same in his/her/their personal capacity and that by his/her/their signature on the instrument, executed the instrument.

Affix Notary Stamp Here

Signature of Notary: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**PHYSICIAN CERTIFICATION FORM**

*This form must be Signed and Stamped by the physician currently treating the recruit for any conditions.*

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (*recruit)* is a candidate for entry into the Basic Course for Police Officers at the Rockland County Police & Public Safety Academy. **The Academy requires that a physician examine the candidate to determine whether the candidate's overall fitness level is sufficient to safely attempt the physical training required.** The candidate will be required to pass a Cooper Standard Physical Fitness Test and will also be expected to participate in regular rigorous physical activity including but not limited to running long distances, strength and agility exercise, as well as functional fitness and martial arts-style exercises.

Please complete the Physician’s Certification along with your office stamp (**signature alone is inadequate**) and return it to the candidate for presentation to the Rockland County Police & Public Safety Academy.

**Physician’s Certification**

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(physician), have examined \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (*recruit)* on date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_a candidate for Police Training in the Rockland County Police & Public Safety Academy. I have reviewed **PART 6000 – Medical and Physical Fitness Standards and Procedures for Police Officer Candidates** (see attached) and believe that he/she can safely participate in the physically rigorous training that will be conducted at the academy.

**NOTE: Any alterations to this form will result in automatic disqualification of the candidate.**  
**IMPORTANT:** Physical examination may not be conducted earlier than June 10, 2025.

Physician’s Signature Date

Affix Office Stamp Here

1. Part 6000 of 9 NYCRR is REPEALED, and a new Part 6000 is added to read as follows:

PART 6000

MEDICAL AND PHYSICAL FITNESS STANDARDS AND PROCEDURES FOR POLICE

OFFICER CANDIDATES

Sec.

6000.1 Definitions

6000.2 Statement of purpose 6000.3 Procedures

6000.4 Post-offer medical review 6000.5 Reasonable accommodations

6000.6 Minimum components of the clinical tests

6000.7 Required medical standards; potentially disqualifying conditions 6000.8 Physical fitness screening

6000.9 Essential job functions for municipal police officers in New York State

6000.10 Background Investigation Standards and Procedures. 6000.11 Required Psychological Standards.

Section 6000.1. Definitions. When used in this Part:

1. The term **council** or **MPTC** shall mean the Municipal Police Training Council.
2. The term **qualified physician** or **physician** shall mean a medical doctor licensed to practice medicine in the State of New York who has been determined by the appropriate municipal civil service commission to possess the necessary expertise to administer a medical review pursuant to the provisions of this Part, and who has been designated by such commission to administer such review.
3. The term **qualified practitioner** or **practitioner** shall mean a health-related professional who has been determined by the appropriate municipal civil service commission to possess the necessary expertise to administer a medical review pursuant to the provisions of this Part, and who has been designated by such commission to administer such review.
4. The term **position** shall refer to the position of a police officer.
5. The term **division** shall refer to the Division of Criminal Justice Services.
6. The term **qualified trainer** shall be an individual who has been determined by the appropriate municipal civil service commission to possess the necessary expertise to administer a physical fitness screening test pursuant to the provisions of this Part, and who has been designated by such commission to administer such test.
7. The term “**qualified psychologist** or **psychiatrist**” shall mean a New York State licensed psychologist or board certified psychiatrist who has been determined by the appropriate municipal civil service commission to possess the necessary experience and qualifications to administer psychological tests and interpret test results for the selection of public safety candidates pursuant to the provisions of this Part, and who has been designated by such commission to administer such tests and interpret of test results.

Section 6000.2. Statement of purpose.

1. With the enactment of the Americans with Disabilities Act (ADA), 42 U.S.C. 12101 et seq., into law, the council recognized the need to revise the height, weight, and physical fitness standards for police officers to ensure that all such standards were job-related, consistent with business necessity, and did not discriminate against qualified persons with disabilities. Over a one-year period, a comprehensive statewide job task analysis of the essential functions of a police officer was conducted with the participation of over three hundred law enforcement supervisors. A detailed listing of the essential job functions generally common to all police agencies in the State was developed. Based upon that list, a medical advisory group consisting of physicians and other health-related professionals who have examined police officer candidates pursuant to their employment, formulated a list of standards for police officers, and noted medical conditions which may potentially disqualify a candidate from learning and performing the essential functions of a police officer. It is important to keep in mind that the job task analysis only identified the essential job functions generally common to all policing. A local police agency may have additional or different essential job functions for its police officers which are not specifically addressed in the statewide listing.
2. In accordance with Title VII of the Civil Rights Act of 1964 (42 U.S.C. § 2000e et seq.), the council also recognized the need to revise the physical fitness screening practice so that the test employed provides an objective, verifiable measure of physical fitness that is properly focused on job-related skills and aptitudes and provides an accurate assessment of a candidate’s physiological capacity to learn and perform the essential job functions of a police officer. Pursuant to the statewide job task analysis, a battery of physical screening elements was developed based upon the model formulated by the Cooper Institute for Aerobics Research. The analysis recommended the adoption of such elements for physical

fitness screening and determined that such elements do not adversely impact a candidate based upon sex. The physical fitness screening elements of the tests are job-related, consistent with business necessity and do not discriminate against qualified persons. Each of the physical fitness screening elements of the tests were validated and correlated to the performance of essential job functions.

1. With the enactment of the “New York state professional policing act of 2021,” the council was directed to establish rules and regulations pertaining to the psychological requirements and background investigations of persons for provisional or permanent appointment in the competitive class of the civil service as police officers of any county, city, town, village or police district to determine the applicant’s fitness and eligibility. These regulations are intended to ensure that all persons appointed to the position of police officer are held to the same hiring standards and promote professional police services. All law enforcement officers must be of good moral character as determined by a thorough background investigation to ensure persons who engage in illegal, dishonest, unprofessional, unethical, or immoral conduct are prohibited from becoming police officers, and to protect against acts or conduct which may endanger the safety and welfare of the public. All police officers must also be emotionally stable and psychologically fit to perform the essential functions of a police officer, and endure the uniquely stressful working conditions. Consistent background investigation procedures and standards as set forth in section 6000.10 of this Part and psychological standards as set forth in section 6000.11 of this Part will ensure that all New York police agencies and police officers are held to identical hiring standards with the goal of ensuring that police interactions with all individuals are appropriate and that the rights of all parties are respected.
2. The purpose of this Part is to set forth the essential job functions adopted pursuant to the statewide job task analysis which are generally common among all police agencies; the minimum medical, physical fitness and psychological standards for police officer candidates; the process for medical review by a qualified physician or a qualified practitioner; the process for psychological review by a qualified psychologist or psychiatrist; and, the procedures and standards for background investigations to examine each candidate and allow such candidate to demonstrate on a case-by-case basis, the candidate’s eligibility and ability to perform the essential job functions of police officer.

Section 6000.3. Procedures.

Except as otherwise provided in this Part, all candidates interested in a police officer position shall undergo a physical fitness screening test conducted in accordance with section 6000.8 of this Part. Candidates who successfully complete the physical fitness screening elements shall be subject to a background investigation as set forth in section 6000.10 of this Part to determine if the candidate is of good moral character. All candidates who successfully complete the physical fitness screening test, and are determined to be of good moral character, shall undergo a medical review conducted by a qualified physician or practitioner (unless otherwise specified) in accordance with section 6000.4 of this Part, and psychological review conducted by a qualified psychologist or psychiatrist in accordance with section 6000.11 of this Part. Such medical and psychological review shall be conducted only after a conditional offer of employment has been given to the candidate by the local police agency seeking to employ such candidate. All candidates must be found physically able and psychologically fit, with or without reasonable accommodations, to perform the essential job functions of a police officer for the police agency seeking to employ the candidate.

6000.4 Post-offer medical review.

* 1. The qualified physician or practitioner shall assess each candidate on a case-by-case basis to determine whether the candidate can, with or without reasonable accommodations, perform the essential functions of a police officer for the local police agency seeking to employ the candidate.
  2. The examining physician or practitioner shall complete a medical examination form based upon the medical review of the candidate. The existence of a potentially disqualifying condition shall not preclude the qualified physician or practitioner from determining that the candidate is able to perform the essential job functions of a police officer. Nothing herein, however, shall preclude the qualified physician or practitioner from noting the existence of any other potentially disqualifying conditions not specifically set forth in this Part, which, in the opinion of such physician or practitioner, may render the candidate unable to perform the essential functions of a police officer.
  3. Upon the conclusion of the medical examination, the qualified practitioner or physician shall sign the medical examination form and shall render their medical opinion to the employing agency as to whether the candidate can perform the essential functions of a

police officer, noting all relevant medical information. However, in the event that the medical examination reveals the existence of a potentially disqualifying condition, the MPTC strongly recommends that a qualified physician sign the medical examination form (after further review if initial examination was performed by a qualified practitioner) and render their medical opinion to the employing agency as to whether the candidate can perform the essential functions of an a police officer, noting all relevant medical information.

* 1. The qualified physician or practitioner shall determine whether in their professional judgment each candidate can, with or without reasonable accommodations, perform the essential functions of a police officer upon the results of the clinical tests as set forth in section 6000.6 of this Part, the medical standards as set forth in section 6000.7 of this Part, the essential job functions for police officer candidates as set forth in section 6000.9 of this

Part, and other relevant medical criteria which in the opinion of the qualified physician or practitioner, may be used to base their judgment.

* 1. Based upon the recommendations of the qualified physician or practitioner, the local police agency wishing to employ the candidate shall render the final decision as to whether the offer of employment shall be revoked.

6000.5 Reasonable accommodations.

It shall be the affirmative responsibility of each local police agency to assess the type(s) of reasonable accommodations which may be necessary to allow the candidate to perform the essential functions of a police officer candidate for such agency and to provide such necessary reasonable accommodations to a qualified candidate with a disability, provided however, that nothing herein shall be construed to require the provision of reasonable accommodations if doing so will impose an undue hardship on the employing agency or a direct threat to the safety of the candidates or others.

6000.6 Minimum components of the clinical tests.

The MPTC recommends that the qualified physician or practitioner perform a medical examination which includes a thorough history, a physical examination, and clinical tests, which consist of, but are not limited to, the following components:

1. urinalysis (Dipstick);
2. tuberculosis (Mantoux), if indicated from the findings of the history and/or physical examination;
3. electrocardiogram (ECG) (Resting);
4. drug screening (Amphetamine; Barbiturates; Cocaine; Methadone; Opiates; Propoxyphene; Methaqualone; Benzodiazepines; Phencyclidine; and Tetra Hydro Cannabinoids); and
5. chest x-ray examination, if indicated from the findings of the history and/or physical examination.

6000.7 Required medical standards; potentially disqualifying conditions.

The MPTC establishes the following medical standards which shall be used in evaluating whether a candidate can, with or without reasonable accommodations, perform the essential functions of the position. The existence of any one of the following conditions is only to be considered potentially disqualifying. Each police agency must consider the medical standard to ensure that it is job-related and consistent with business necessity with respect to their police officer position. The examining physician or practitioner must determine, based upon their medical judgment, whether the existence of such condition renders the candidate unable to perform the essential functions of a police officer.

1. Eyes and Vision. Requires a case-by-case assessment of each candidate to determine if the candidate is able to perform the essential functions of the position. Unless otherwise specified, all testing under this subdivision must be administered by a qualified physician or practitioner.
   1. Visual acuity. For visual acuity, the Snellen test is generally recognized as standard.

All candidates should have vision better than or equal to 20/30 in each eye. If a candidate must use corrective lenses (glasses or contacts) in order to satisfy the 20/30 vision standard,

then such candidate's uncorrected vision should be no worse than 20/100 in each eye.

* 1. Color perception.
     1. For color perception, only the 24-plate edition of the Ishihara Test (1974 or subsequent equivalent edition) should be used. Generally, perception of color should be

deemed acceptable if the candidate correctly reads at least nine (9) or more of the first thirteen (13) plates of the 24-Plate Edition of the Ishihara Test. As described in the test manual, this test should be given under lighting conditions approximating a daylight illuminated room (indirect daylight), and not primarily using tungsten or fluorescent lamps. The MacBeth Easel Lamp or the True Daylight Illuminator (TDI), which meets the standards specified by the International Commission on Illumination, or equivalent may be used.

* + 1. If the candidate's color perception is deemed unacceptable through the use of said test, and they believe the results to be incorrect, then such individual must be informed that they have recourse to additional testing and a facility identified where they may, at his or her own expense, take the Farnsworth-Munsell 100-Hue Test under the following conditions:
       1. The Division must be notified in writing, with a copy to the appropriate municipal civil service agency, of the candidate's intention to take the Farnsworth-Munsell 100-Hue Test.
       2. The test must be taken at a hospital, medical center, or an academic ophthalmology center having the proper equipment as hereafter specified and the notice must set forth the name of the institution and the New York State (NYS) licensed optometrist or ophthalmologist who will administer the examination.
       3. Written approval, or under extenuating circumstances, verbal approval, for the taking of said examination must be received from the Division by the candidate before the test is administered and the test must be administered within 45 days of the mailing date of the approval. Such approval shall be granted in every instance provided that the Division finds that the hospital, medical center or academic ophthalmology center at which the candidate proposes to be tested has the capability and equipment necessary to perform such test and that the optometrist or opthalmologist who will administer or interpret the test is properly qualified. In the event that the Division finds the facility at which the applicant proposes to be tested is not properly equipped or that the individual who is proposed to administer or interpret the test is

unqualified, it shall direct the candidate to a person and/or facility, as conveniently located as practicable, by whom or where such test may be properly administered. Where such an alternate test site is directed, the 45-day period referred to above shall be adjusted or extended to accommodate the candidate's needs and convenience.

* + - 1. If the candidate takes and completes the Farnsworth-Munsell 100-Hue Test, the optometrist or ophthalmologist administering the test shall set forth in writing the results of said test, including the "total error score," the type, nature and degree of any apparent

confusion axis, and, if available, the percentile rank of the total error score with reference to the normal population. The optometrist or ophthalmologist shall certify, whether or not the candidate meets the required color perception standards. If upon receipt by the Division and by the appropriate municipal civil service agency, the test results demonstrate that the candidate meets said certification, the candidate shall be deemed to have met the color perception requirement.

* + 1. The test distance stipulated in the Ishihara instruction manual is 75 cm (approximately 30 inches) which makes this primarily a near vision task. Although no specific distance is stipulated for the Farnsworth-Munsell 100-Hue Test, it is assumed that it would be approximately the same or closer distance than that used for the Ishihara Test since the test boxes must be within easy reaching and viewing distance from the candidate.
    2. The qualified physician, practitioner, optometrist or ophthalmologist administering the vision test should test at least near visual acuity immediately prior to administration of the Ishihara and Farnsworth-Munsell 100-Hue tests, respectively, and the visual acuity thresh- olds noted and reported along with the color vision test scores. The "Rosenbaum Pocket Vision Screener" or equivalent with testing administered under recommended lighting

conditions and at approximately 14 inches from the candidate should ensure accurate results.

* + 1. If the candidate's near visual acuity is within normal limits (Jaeger 2 or Snellen Equivalent of 20/30), the color vision tests should be performed without correction (glasses). For example, even a mild tint in glasses could distort viewing conditions for the color vision tasks

and invalidate the test results.

* + 1. If the candidate is further examined by the use of the Farnsworth Munsell 100-Hue Test, said test should be administered under CIE type C (6740) illumination by using a MacBeth Easel Lamp or the True Daylight Illuminator (TDI) or equivalent. The use of non-specific tungsten or fluorescent illumination is not acceptable for this test. If a candidate fails the initial test, they should, upon request, be immediately retested and the lower total error score used for the purposes of qualification. A total error score of not more than 124 is deemed acceptable.

The use of any lens by a candidate in order to meet the color perception standards is not acceptable.

NOTE: Prior to administration of the Farnsworth-Munsell 100-Hue Test, the optometrist or ophthalmologist may deem it advisable to administer as an adjunct the Farnsworth Panel D-15 Test. This may be done to familiarize the candidate with the procedural task common to both tests, and supplement interpretation of the required Test. The Farnsworth Panel D-15 Test must likewise be given with the illumination specified for the Farnsworth-Munsell 100-Hue Test.

* 1. Depth perception. Depth perception shall be sufficient to demonstrate normal stereo depth perception to the correctable standard of 80 ARC seconds.
  2. Peripheral vision.

1. Ears and hearing. Requires a case-by-case assessment of each candidate to determine if the candidate is able to perform the essential functions of the position.
   1. Hearing acuity: Hearing levels should be tested from 500 Hertz (Hz) to 6000 Hz.

For purposes of qualification, single hearing levels should not exceed 25 decibels (DB) at either 500, 1000, or 2000 Hz nor exceed 30 DB at 3000 Hz frequencies in each ear. For abnormal testing results between 4000 and 6000 Hz frequencies, further refined audiological evaluation is

recommended. Unless otherwise specified, the hearing tests are to be administered by a qualified physician or practitioner in an environment and using equipment that meet the current standards (ANSI 1969 or Subsequent Specifications). Any other testing system or conditions are not valid and may not be used.

* 1. Recourse testing: If the candidate's pure tone screening test is deemed unacceptable, such candidate may, at their own expense, have an audiological examination administered by a NYS licensed audiologist, including: (i) hearing sensitivity; (ii) speech discrimination in quiet;

and (iii) speech discrimination in noise. Testing should be performed in a sound treated environment meeting the 1969 ANSI or any subsequent standard. The CID W-22 word lists should be presented at 50 DB HL via a calibrated speech audiometer through a single speaker stationed at 0 degrees azimuth with the candidate seated at approximately l meter (39

inches) from the speaker. Speech (hearing) discrimination testing in a background of broad-band noise should be conducted in the same sound field environment. Again, using a different version of one of the CID W-22 word lists presented at 50 DB HL, a competing noise should be simultaneously presented at 40 DB HL (S/N =+10) through the same speaker

(0 degrees azimuth) as the test words or through a separate speaker located at 180 degrees azimuth. The minimal acceptable standard of speech (hearing) discrimination shall be a score no poorer than 90% in quiet and 70% in noise on two of the pre-recorded versions of the CID W-22 word lists. An open-test response format should be utilized with the candidate responding in writing. Hearing Aid Check – Biological (HAC-B): Use of hearing aids to achieve such standards are permitted as long as they are self-contained and fit within (auricular) or behind or over (post-auricular) the ear. Hearing Aid Check -- Acoustical (HAC-A):

Candidates with hearing aids shall, at their own expense, provide evidence from a licensed audiologist, using functional gain or real ear measurements, that such aid(s) meet the stipulated manufacturer's standards.

* 1. Perforated Tympanic Membrane.
  2. Acute Otitis Media, Otitis Externa, and Mastoiditis.
  3. Inner/middle/outer ear disorders affecting equilibrium. If the candidate has historically had episodes of vertigo, they may require further evaluation.

1. Nose, throat and mouth. Requires a case-by-case assessment as to the control of the condition and the presence and severity of symptoms and complications to determine if the candidate is able to perform the essential functions of the position.
   1. Loss of sense of smell.
   2. Aphonia, speech loss or speech defects.
   3. Abnormalities of the nose, throat or mouth which interfere with the candidate's breathing or the proper fitting of a gas mask.
2. Peripheral vascular system. Requires a case-by-case assessment as

to the control of the condition and the presence and severity of symptoms and complications to determine if the candidate is able to perform the essential functions of the position.

1. Hypertension. Resting blood pressure should be less than, or equal

to, 140 mmHg systolic and 90 mmHg diastolic on three successive readings.

1. Peripheral vascular abnormality, including severe and/or symptomatic varicose veins, venous insufficiency, and thrombophlebitis.
2. Heart and Cardiovascular System. Requires a case-by-case assessment as to the control of the condition and the presence and severity of symptoms and complications to determine if the candidate is able to perform the essential functions of the position.
   1. Congenital Heart Disease.
   2. Valvular Heart Disease.
   3. Coronary Heart Disease.
   4. ECG Abnormalities, if associated with organic heart disease, which shall include but not be limited to:
      1. WPW Syndrome;
      2. ST Depression;
      3. Right or Left Bundle Branch Blocks;
      4. 3 Degree A-V Block;
      5. Mobitz Type II A-V Blocks;
      6. Sinoatrial Block or Sick Sinus Syndrome;
      7. Ventricular Extrasystole (Frequent - 20/minute with exercise, 10/minute without exercise);
      8. Ventricular Tachycardia;
      9. Atrial Fibrillation or Flutter; or
      10. Symptomatic Supraventricular Tachycardia.
   5. Angina.
   6. Congestive Heart Failure.
   7. Cardiomyopathy.
   8. Pericarditis, Endocarditis, and Myocarditis.
   9. The candidate should have a functional and therapeutic cardiac classification of no greater than NYS Class 1A. (Note: according to the New York Heart Association, Inc., a functional classification of Class l refers to patients with cardiac disease, but without resulting limitations of physical activity. Ordinary physical activity does not cause undue fatigue, palpitation, dyspnea or anginal pain. A therapeutic classification of Class A refers to patients with cardiac disease whose ysical activity need not be restricted in any way.) This determination shall be made clinically or by a cardiac stress test.
3. Respiratory system. Requires a case-by-case assessment as to the control of the condition and the presence and severity of symptoms and complications to determine if the candidate is able to perform the essential functions of the position.
   1. Pulmonary Tuberculosis, if associated with abnormal pulmonary

function.

* 1. Chronic Bronchitis.
  2. Chronic Obstructive Pulmonary Disease.
  3. Emphysema.
  4. Bronchiectasis and Pneumothorax.
  5. Pneumonectomy.
  6. Acute Mycotic Diseases, including, but not limited to, Coccidioidomycosis and Histoplasmosis.
  7. Acute Pleurisy.
  8. Malignant Diseases.

1. Gastrointestinal system. Requires a case-by-case assessment as to the control of the condition and the presence and severity of symptoms and complications to determine if the candidate is able to perform the essential functions of the position.
   1. Colitis, including but not limited to Crohn's Disease, Ulcerative Colitis, Irritable Bowel Syndrome (symptomatic or needing medication), and Bacterial Colitis.
   2. Diverticulitis.
   3. Esophageal Disorders, including, but not limited to Esophageal Stricture, Lower Esophageal Ring and Esophageal Spasm.
   4. Pancreatitis.
   5. Gall Bladder Disorders.
   6. Active Peptic Ulcer Disease.
   7. Symptomatic Inguinal, Umbilical, Ventral, Femoral, or Incisional Hernias.
   8. Malignant Disease of the Liver, Gall Bladder, Pancreas, Esophagus, Stomach, Small or Large Bowel, Rectum or Anus.
   9. Gastrointestinal Bleeding.
   10. Active or Chronic Hepatitis.
   11. Cirrhosis of the Liver.
2. Genitourinary system. Requires a case-by-case assessment as to the control of the condition and the presence and severity of symptoms and complications to determine if the candidate is able to perform the essential functions of the position.
   1. Pregnancy. The qualification of the candidate is dependent upon the stage of the normal pregnancy.
   2. Nephrectomy.
   3. Acute Nephritis.
   4. Nephrotic Syndrome.
   5. Acute Renal/Urinary Calculi.
   6. Renal Transplant.
   7. Renal Failure.
   8. Hydrocele and Varicocele (Symptomatic).
   9. Malignant Diseases of Bladder, Kidney, Ureter, Cervix, Ovaries, Breasts, Prostate,

etc.

* 1. Active Venereal Diseases.
  2. Urinary Tract Infection.
  3. Polycystic Kidney Disease.
  4. Pelvic Inflammatory Disorders.
  5. Endometriosis.
  6. Inflammatory Disorders, including but not limited to Prostatitis, Orchitis, Epididymitis.
     1. Endocrine and Metabolic Systems. Requires a case-by-case assessment as to the control of the condition and the presence and severity of symptoms and complications to determine if the candidate is able to perform the essential functions of the position.

1. Uncontrolled Thyroid Disease.
2. Diabetes Mellitus.
3. Adrenal Dysfunction, including but not limited to, Addison's Disease and Cushing's Disease.
4. Symptomatic Hypoglycemia.
5. Untreated Thyroid Malignancy.
6. Musculoskeletal System. Requires a case-by-case assessment as to the control of the condition and the presence and severity of symptoms and complications to determine if the candidate is able to perform the essential functions of the position.
   1. Disorders that limit motor performance.
   2. Cervical Spine or Lumbosacral Fusion.
   3. Degenerative Cervical or Lumbar Disc Disease, if symptomatic.
   4. Extremity Amputation.
   5. Osteomyelitis.
   6. Muscular Dystrophy.
   7. Loss in motor ability from tendon or nerve injury/surgery, if an area that is related to the candidate's performance of the essential job functions.
   8. Arthritis.
   9. Coordinated Balance.
   10. Symptomatic Herniated Disc.
   11. Spinal Deviations.
7. Hematopoietic and lymphatic systems. Requires a case-by-case assessment as to the control of the condition and the presence and severity of symptoms and complications to determine if the candidate is able to perform the essential functions of the position.
   1. Hematopoietic disorders, including malignancies, including, but not limited to, Sickle Cell Disease and Thalassemia.
   2. Hemophilia.
8. Nervous system. Requires a case-by-case assessment as to the control of the condition and the presence and severity of symptoms and complications to determine if the candidate is able to perform the essential functions of the position.
9. Seizure Disorder (Petit/Grand Mal). The candidate is expected to have been seizure- free for at least 12 months prior to the date of this examination. In addition, certification may be required from the treating neurologist that there are no restrictions on the candidate related

to the performance of the essential functions of the position.

1. Cerebral Palsy.
2. Movement Disorders, including, but not limited to Parkinson's.
3. Cerebral Aneurysms.
4. Syncope.
5. Progressive Neurological Diseases, including, but not limited to, Multiple Sclerosis and Huntington's Chorea.
6. Peripheral Nerve Disorder, including, but not limited to Polyneuritis, Mononeuritis and Neurofibromatosis.
7. Narcolepsy.
8. Cerebral Vascular Accident.
9. Central Nervous System Infections.

6000.8 Physical fitness screening.

* 1. Procedures.
     1. The municipal civil service commission shall designate a qualified trainer to administer the physical fitness screening test to determine the underlying physiological capacity of a candidate to learn and perform the essential job functions of a police officer. Such test shall be administered prior to the making of a conditional offer of employment by the local police agency seeking to employ the candidate and shall be administered to the candidate prior to the post offer medical examination to be conducted by the qualified physician or practitioner in accordance with section 6000.4 of this Part unless the municipal civil service commission can demonstrate that it could not reasonably conduct such screening test at the pre-offer stage of employment.
     2. Prior to the administration of the test by the qualified trainer, the municipal civil service commission may ask the candidate to assume legal responsibility and release such commission of liability for injuries resulting from any physical or mental disorders. In addition, the commission may furnish such candidate with a description of the physical fitness screening test and require certification from the candidate's physician that they are physically capable of participating in the physical fitness screening test. If the commission requests such certif- ication from one candidate, it must request such certification from all candidates.
     3. If a candidate is unable to perform an element of the test, the municipal civil service commission may provide for an alternative element to be substituted, which, in the judgment of such commission, will render a demonstrably valid assessment of the individual's physiological capacity for the particular factor to be measured.
  2. Elements of the test battery. Elements of the test battery to be used for physical fitness screening are described below. Although these elements may not be directly representative of essential job functions to be performed by a police officer, such elements do measure the candidate's physiological capacity to learn and perform the essential job functions. The minimum scores for employment as a police officer as set forth below represent the 40th percentile of fitness. If a candidate does not successfully score to the 40th

percentile of fitness for each of the elements of the test battery, the candidate shall not be deemed to have successfully completed the physical fitness screening test. Nothing herein shall preclude an administrator of such screening test from substituting an element of the test battery, which such administrator has determined and validated to accurately assess the candidate's physiological capacity to learn and perform essential job functions. The 1.5 mile run shall only be administered to such individuals who have successfully completed each of the other two elements of the test battery (sit-up and push-up).

Sit-up Muscular endurance (core body) - The score indicated below is the number of bent-leg sit-ups performed in one minute.

Push-up Muscular endurance (upper body) - The score below is the number of full body repetitions that a candidate must complete without breaks.

1.5 Mile Run Cardiovascula r capacity - The score indicated below is calculated in minutes:seconds.

|  |  |  |  |
| --- | --- | --- | --- |
| **AGE/SEX** | **TEST** |  | |
| MALE | SIT-UP | PUSH-UP | 1.5 MI RUN |
| 20-29 | 38 | 29 | 12:38 |
| 30-39 | 35 | 24 | 12:58 |
| 40-49 | 29 | 18 | 13:50 |
| 50-59 | 24 | 13 | 15:06 |
| 60+ | 19 | 10 | 16:46 |
| FEMALE |  |  |  |
| 20-29 | 32 | 15 | 14:50 |
| 30-39 | 25 | 11 | 15:43 |
| 40-49 | 20 | 9 | 16:31 |
| 50-59 | 14 | N/A | 18:18 |
| 60+ | 6 | N/A | 20:16 |

6000.9 Essential job functions for municipal police officers in New York State.

The following list of essential job functions common to all policing was developed pursuant to the statewide job task analysis of allpolice officers. These functions do not define the entire scope of duties relevant to an police officer, but rather, are those which have been found to be generally essential to all police officers in all jurisdictions of this State. The employing agency must perform a case-by-case analysis to determine that such functions

are job related and consistent with business necessity with respect to their police officer positions.

The essential job functions/tasks are:

1. Arrest and detention of suspects.
   1. Advise persons of constitutional rights (Miranda Warning).
   2. Arrest persons pursuant to a warrant.
   3. Conduct warrantless arrests (nontraffic).
   4. Inspect vehicle for weapons and/or contraband (e.g., before and after prisoner transport).
2. Control civil disorder.
   1. Control hostile groups (e.g. rioters).
   2. Use chemical agents (e.g. tear gas, mace).
   3. Wear gas mask to use chemical agents.
3. Collection and preservation of evidence.
   1. Collect evidence and personal property from crime scene.
   2. Document chain of custody for evidence.
   3. Protect crime scene until specialized or back-up assistance arrives.
   4. Record location of physical evidence and fingerprints at scene.
   5. Secure crime scene.
   6. Initial/mark/label evidence.
4. Crime scene search.
   1. Determine area of crime scene.
   2. Search crime scenes for physical evidence.
   3. Conduct on-the-scene suspect identifications (e.g., show-up or one-on-one suspect identification).
5. Vehicle operations.
   1. Engage in emergency driving in congested area.
   2. Engage in high speed pursuit or response driving off road.
   3. Engage in high speed pursuit or response driving on open road.
   4. Operate vehicle in heavy rain.
   5. Operate vehicle on ice covered road in winter months.
6. Driving while intoxicated (DWI)/ Enforcement.
   1. Arrest DWI suspects.
7. Emergency preparedness/disaster control.
   1. Determine existence of hazardous materials at scene of wreck (e.g., train, vehicle, etc.).
   2. Evacuate persons from dangerous areas (e.g., fire, chemical accident).
   3. Secure accident and disaster scenes.
8. Emergency Medical Assistance.
   1. Administer cardio-pulmonary resuscitation (CPR).
   2. Apply basic first aid to control bleeding.
   3. Apply basic first aid to treat for amputations.
   4. Apply basic first aid to treat for choking (e.g., Heimlich method).
   5. Apply basic first aid to treat for convulsions.
   6. Apply basic first aid to treat for diabetic reaction.
   7. Apply basic first aid to treat for heart attack.
   8. Apply basic first aid to treat for seizure.
   9. Apply basic first aid to treat for shock.
   10. Talk with person attempting suicide to get them to stop or delay attempt.
   11. Use protective gear to prevent contact with infectious diseases.
   12. Assist and take protective actions for persons in emotional crisis.
   13. Use blood-borne pathogen clean-up kit.
       1. Interview and interrogation.
          1. Interview victims of sex crimes.
          2. Record confessions in writing.
9. Motor vehicle accident prevention.
   1. Take precautions to prevent additional accidents at accident scene.
10. Patrol operations.
    1. Execute felony motor vehicle stop.
    2. Respond to crime in progress calls.
11. Search and seizure.
    1. Conduct field search of arrested persons.
    2. Conduct frisk or pat down.
    3. Search premises or property in hot pursuit/emergency situations.
12. Deadly force.
    1. Clean and inspect weapons.
    2. Discharge firearm at night.
    3. Discharge firearm at person.
    4. Draw weapon to protect self or third party.
    5. Participate in firearms training.
    6. Secure firearm when off-duty (e.g., home).
    7. Fire weapon in dark environment with flashlight in one hand.
13. Response and investigation. Respond to and conduct preliminary investigation of events related to:
    1. Homicide;
    2. Rape;
    3. Robbery;
    4. Felony assault;
    5. Burglary;
    6. Arson and bombing/attempts;
    7. Weapons/firearms offenses;
    8. Sex offenses;
    9. Family offense;
    10. Domestic violence;
    11. Fatal traffic accident;
    12. Vehicular homicide;
    13. Vehicular assault;
    14. Felony traffic crime;
    15. Firearm accidents;
    16. Suicide;
    17. Death/bodies found; or
    18. Disaster.
14. Use of physical force.
    1. Break up fights between two or more persons.
    2. Carry by yourself an immobile child.
    3. Pull person out of a vehicle to effect rescue.
    4. Subdue physically attacking person.
    5. Use weaponless defense tactics.
    6. Subdue person resisting arrest.
    7. Disarm violent armed suspect.
    8. Pull person out of vehicle who is resisting arrest.
    9. Search for a person in a darkened building or environment.
    10. Strike person with baton.

6000.10 Background Investigation Standards and Procedures.

The council establishes the following background investigation standards and procedures to determine whether a candidate is of good moral character.

1. The appointing agency shall ensure a thorough investigation into the applicant’s moral character is completed by an experienced investigator pursuant to the procedures set forth in paragraph (b) of this section.
   1. An applicant is determined to lack good moral character, and be unfit to serve as a police officer, if within three years from the date of application the applicant has engaged in:
      1. Criminal activity, whether criminally charged or prosecuted, regardless of where the act took place, if said conduct would constitute an offense in New York, which is defined as:
         1. Any felony offense;
         2. Any sex offense or sexually violent offense as defined in article 6C of the Correction Law;
         3. All serious offenses defined in subdivision 17 of section 265 of the Penal Law;
         4. Crimes involving official misconduct and obstruction of public servants as defined in article 195 of the Penal Law; crimes involving bribery of a public servant as defined in article 200 of the Penal Law; crimes involving perjury as defined in article 210 of the Penal Law; crimes relating to judicial proceedings as defined in article 215 of the Penal Law;
         5. Crimes involving forgery as defined in article 170 of the Penal Law; crimes involving false written statements as defined in article 175 of the Penal Law; crimes involving fraud as defined in article 190 of the Penal Law; or
         6. Crimes involving assault and menacing as defined in article 120 of the Penal Law; crimes involving obscenity as defined in article 235 of the Penal Law; crimes against public sensibilities as defined in article 245 of the Penal Law; or crimes against public order as defined in article 240 of the Penal Law
      2. The unlawful use of any controlled substances.
      3. False statements or conduct that subverts or attempts to subvert the police employment application process.
      4. A dishonorable discharge from any of the Armed Forces of the United States.
   2. An agency may determine an applicant lacks good moral character and is unfit to serve as a police officer if the applicant has engaged in the following conduct which may be considered an indicator of a lack of good moral character:
      1. The unlawful use of any controlled substances more than three years from the date of application. The agency may consider the type of controlled substance used, the frequency of use and the age of the applicant at the time of use;
      2. Inappropriate sexual conduct regardless of adjudication;
      3. Conduct involving dishonesty, deceit, or misrepresentation;
      4. Historical pattern of conduct of moving traffic violations;
      5. Any of the conduct listed in paragraph (1) of this section which has occurred more than three years from the date of application and the agency has determined that the conduct is an indicator that the applicant lacks good moral character; or
      6. Any other conduct that the agency determines is a reflection on the applicant’s moral character.
2. The investigator responsible for determining an applicant’s moral character as defined in paragraph (a) of this section must conduct a thorough background investigation to include but not be limited to:
   1. A comprehensive application and personal history statement completed by the applicant that addresses each of the components of moral character defined in paragraph (a) of this section;
   2. A fingerprint-based criminal history check of the applicant;
   3. At a minimum a review of information provided by: family, personal references, educational institutions, previous employers, prior neighbors or landlords, the Department of Motor Vehicles, the Armed Forces of the United States, organizations and affiliations, court records, credit agencies, and law enforcement agencies in jurisdictions where the applicant has lived or worked;
   4. An in-person interview of the candidate that covers each of the components of moral character as defined in paragraph (a) of this section;
   5. A search of the Police and Peace Officer Registry maintained by the division for any prior employment history in New York State; the National Decertification Index (or its successor), which serves as the national registry of certificate or license revocation actions relating to officer misconduct.
3. The recommended administration of a polygraph examination, unless prohibited by law.

The administration of a polygraph examination is recommended for determining a candidate’s moral character as part of the background investigation.

1. All records pertaining to the background investigation of all police officers employed by the agency shall be retained by the employing agency and shall be available for review by the division.
2. The moral character findings set forth in paragraph (a) of this section as determined by the investigator in paragraph (b) of this section shall be presumed to be true unless the applicant presents evidence contradicting the findings and such evidence would lead a reasonable person to conclude that the presumption is no longer valid.

6000.11 Required Psychological Standards.

1. The qualified psychologist or psychiatrist shall assess each candidate on a case-by-case basis to determine whether the candidate is psychologically fit to perform the essential functions of a police officer for the local police agency seeking to employ the candidate. The existence of a potentially disqualifying condition shall not preclude the qualified psychologist or psychiatrist from determining that the candidate is able to perform the essential job functions of a police officer. Nothing herein, however, shall preclude the qualified psychologist or psychiatrist from noting the existence of any other potentially

disqualifying conditions not specifically set forth in this Part, which, in the opinion of such qualified psychologist or psychiatrist, may render the candidate unable to perform the essential functions of a police officer.

1. The psychological assessment shall screen for psychopathological disorders, personality characteristics, and substance abuse problems not compatible with a candidate to perform the essential job functions of a police officer. The assessment shall include the candidate completing at least two objective and validated psychological written tests for public safety personnel. One test shall measure psychopathology and the other shall measure normal personality traits. Written tests shall be administered, scored, and interpreted by a qualified psychologist or psychiatrist according to the publisher’s recommendations and consistent with established test administration standards. The qualified psychologist or psychologist shall conduct a semi-structured, job-related interview format for each candidate after psychological tests results are reviewed.
2. Upon conclusion of the psychological assessment, the qualified psychologist or psychiatrist shall render a report to the employing agency as to whether the candidate can perform the essential functions of a police officer as set forth in section 6000.09 of this Part, noting justification for any rating and/or recommendation made by the qualified psychologist or psychiatrist.
3. Based upon the recommendations of the qualified psychologist or psychiatrist, the local police agency wishing to employ the candidate shall render the final decision as to whether the offer of employment shall be revoked.
4. An employer may exempt a candidate from paragraph (a) and (b) of this section if the candidate has a valid police training certificate pursuant to section 209-q of the General Municipal Law.

THIS FORM IS TO BE GIVEN TO THE RECRUIT.

**PHYSICAL FITNESS**

The Municipal Police Training Council has established physical standards for the Basic Course for Police Officers. The test is scored on a curve based on the age and gender of the recruit. These standards were designed to conform to the Americans with Disabilities Act. The Rockland County Police Academy requires a minimum of the 50th percentile for graduation.

|  |  |  |  |
| --- | --- | --- | --- |
| **Cooper Fitness Standard (50%)** | |  | |
| **Gender & Age** | Sit Ups | Push Ups | 1.5 Mile Run |
| **Male 20-29** | 40 | 33 | 11:58 |
| **Male 30-39** | 36 | 27 | 12:24 |
| **Male 40-49** | 31 | 21 | 13:12 |
| **Female 20-29** | 35 | 18 | 14:04 |
| **Female 30-39** | 27 | 14 | 14:34 |
| **Female 40-49** | 22 | 11 | 15:34 |

In addition to passing the Physical Fitness standards, NYS DCJS mandates that all recruits participate in a minimum number of hours of Physical Training during the Basic Course.

In the event that you fall below the minimum physical fitness standards during the test given on the first day, Academy personnel will notify and place you in a remedial physical training program. You will be advised that you are in jeopardy of not completing the Basic Course for Police Officers.

**A fitness guide for you to use in preparation for the academy is available on the academy website (**[**www.rocklandcountypoliceacademy.com**](http://www.rocklandcountypoliceacademy.com)**/information-for-agencies). You should arrive on Day One familiar with the PT test standards and the basic exercises you will be performing.**

**IMPORTANT HEALTH NOTICE**

Potential recruits should be aware of a health risk associated with engaging in an intense physical training program. **RHABDOMYOLYSIS** is a breakdown of muscle tissue during intense exercise that can cause a release of protein into the blood stream that kidneys are unable to process, resulting in kidney failure.

Contributing factors include:

Sudden increase of exercise Dehydration

Stimulants (especially in liquid form) Nutritional Supplements

High ambient temperatures Alcohol

Illnesses with flu-like symptoms Certain prescription drugs

Recruit must be aware that general fitness is not protective or predictive for rhabdomyolysis.

Some recommendations to avoid this condition are conditioning to exercise and drinking plenty of fluids. Any recruit who feels dizzy or disoriented should stop and rest. Any incidence of dark urine requires consultation with a physician before exercise continues.